



34th Annual Greater Norristown Tournament of Champions

Sunday February 7, 2010 @ Colonial Elementary School

230 Flourtown Road, Plymouth Meeting, PA 19462

Double Elimination Format

WEIGH-INS: SATURDAY FEBRUARY 6TH, 2010 FROM 3:00 TO 6:00 PM **NO SUNDAY WEIGH-INS**

REMOTE WEIGH-INS: DELAWARE, BUCKS AND BERKS COUNTIES CHECK WEB SITE FOR DETAILS

SATELLITE WEIGH-INS: ONLY AVAILABLE FOR TEAMS OF 10 OR MORE & OUTSIDE A 50 MILE RADIUS

Call for Details: (215) 540-9526 or Email: tfennell1@msn.com

TIME: WRESTLING BEGINS AT 8:30 AM SHARP ON SUNDAY

AWARDS: TEAM 1st - 4th, INDIVIDUAL 1st - 4th, with OUTSTANDING WRESTLER IN EACH DIVISION

TOURNAMENT RULES

MODIFIED PIAA NATIONAL FEDERATION RULES / HEAD GEAR IS MANDATORY / SINGLET IS REQUIRED / NO SHORTS OR SWEATS / PIAA OFFICIALS WILL BE USED / NO WALK or CALL INS / TEAM ENTERED IS TEAM WRESTLED/ AGE CHALLENGE RULE -(CHALLENGER AND CHALLENGED MUST PROVIDE PROOF OF AGE) (BRING YOUR BIRTH CERTIFICATE WITH YOU) / IF LESS THAN FOUR WRESTLERS IN A WEIGHT CLASS THEY MAY BE COMBINED AT OUR DISCRETION. AN ACCURATE (SEPTEMBER 2008-2009 and 2009-2010) SEASON RECORD MUST BE ENTERED ON YOUR APPLICATION – use back of form if necessary. (Records without honors will be assumed to be novice.)

STRICT LIMIT OF 350 WRESTLERS (WE MAX OUT, SO REGISTER EARLY!)

ENTRY FEE—\$25.00 **NO REFUNDS!** Weight Changes at Weigh Ins \$10 Additional

DEADLINE FOR ALL APPLICATIONS IS MONDAY, FEBRUARY 1, 2010

MAKE CHECKS OR MONEY ORDERS PAYABLE TO “GNWC” or check the website to register on line

MAIL REGISTRATION TO: GNWC c/o Sharon Honeywell, 1607 Cherry Lane, Flourtown, Pa 19031

WEBSITE: www.GNWC.org (Registered Wrestlers, Tournament Details and [Map](#)) Questions: tfennell1@msn.com

-----Detach and Mail This Portion-----

Divisions & Birth Years

Weight Classes (circle weight class)

Bantam (Born after 1/1/2002)	45	50	54	58	62	66	70	75	UNL								
Midget (Born 1/1/2000 – 12/31/2001)	50	55	59	63	67	71	75	80	85	93	100	UNL					
Junior (Born 1/1/1998 – 12/31/1999)	60	65	70	75	80	85	91	98	105	112	120	130	UNL				
Intermediate (Born 9/1/1995 – 12/31/1997)	70	75	80	85	91	98	105	112	120	128	136	146	160	175	UNL		

I understand that I will participate in the Greater Norristown Wrestling Tournament and I will do so at my own risk and of my own free will. As the parent or guardian of the participant I shall indemnify and hold harmless the sponsors, tournament officials, Whitmarsh and Plymouth Townships, Colonial School District, Greater Norristown Wrestling Club, the Coaches or Referees for any injuries or losses received, directly or indirectly, while traveling to or from or competing therein. I certify the information on this application is true and correct.

Parents Signature: _____ **Application will not be accepted without Signature**

Name: _____ Team: _____

Division: _____ Birth Date: _____ Weight Class: _____

Address: _____ City: _____ State: _____ Zip: _____

Phone: _____ Email Address: _____

2008/2009 Record: W _____ L _____ Honors: _____

2009/2010 Record: W _____ L _____ Honors: _____

MAKE CHECKS OR MONEY ORDERS PAYABLE TO GNWC

MAIL REGISTRATION TO: GNWC c/o Sharon Honeywell, 1607 Cherry Lane, Flourtown, Pa 19031

Greater Norristown Wrestling Club Weigh-In Policy

In order to assure fair competition for every wrestler Greater Norristown makes every effort to manage our tournament to the highest standards possible. Weigh-ins are an important part of this sport and we take it very seriously. We are sensitive of the travel issues regarding weigh-ins so we host remote weigh-in sites in Montgomery, Bucks, Delaware and Chester counties to make the weigh ins more convenient. A representative from our club is present at each remote site to witness the weigh-in to assure the integrity of the weigh in process.

For teams with 10 or more registered wrestlers and who live outside of a 50-mile radius of the tournament we will consider a satellite weigh-in but we require all satellite weigh-in wrestlers to arrive 1 hour before the start of wrestling for roll call and morning weight checks. There are no weight changes at the morning weight check so any wrestler failing to make weight will be removed from the brackets without refund. Any wrestler not available for weigh-in 1 hour before the start of wrestling will be deleted without exception.

Please do not call for a Satellite weigh in unless you meet the criterion listed (10 wrestlers & farther than 50 miles).

Refund Policy

There are no refunds if the tournament is held on the scheduled date. If the tournament is cancelled due to circumstances beyond our control GNWC will refund all entry and weight change fees upon request. To aid in the process we ask that each request be made with a self addressed stamped envelope sent to the address on the entry form. Please be sure to include the wrestler's full name, address and team with the request.

Internet processing fees for "Online" registrations are not refundable.

Code of Conduct

Drug, Alcohol and Tobacco usage is prohibited anywhere on the grounds of Colonial School District including the parking lots and athletic fields. Any violation will result in the immediate expulsion from the tournament.

No person shall direct aggressive behavior or physical violence toward any person, coach or official. Greater Norristown Wrestling Club shall exhibit a zero tolerance policy and will employ any means necessary to enforce this including the use of police support.

It is not acceptable to berate, use inappropriate language, direct verbal abuse toward, or engage in heated or extended argument with any GNWC official, referee, coach, parent, wrestler or relative of any other wrestler. Any person who cannot conform to these requirements may be suspended or dismissed from the event.

If a score or call is in question it shall be handled in accordance with the rules and the coach shall request a conference with the referee at the scoring table. Coaches shall not question or discuss calls from the corner but will do so with respect at the scoring table as required by the rules.

Parking Advisory

Parking for the Greater Norristown Wrestling Club Tournament of Champions is restricted to the lined parking spaces in the parking lot in front of Colonial Elementary School and the Plymouth Whitemarsh High School Parking lot.

Do not park in the Fire Lanes, on the grass or along the service roads to the school and please do not park in the neighborhoods adjacent to the school. Failure to comply will result in your vehicle being ticketed and/or towed and will jeopardize our tournaments future.

Please help GNWC be good to our neighbors!